

## Breakfast & Brunch 07:00–17:00

<b>Homemade Granola</b>	6.9
Gluten Free Granola, Forest Berries, Yoghurt, Honey	
<b>Homemade Gluten Free Omega Porridge</b>	5.9
Berry Compote, Fresh Fruits & honey OR Nutella, Banana	
<b>Mushroom Sourdough</b>	8.5
Sauteed Mushrooms with Herbs, Free Ranged Poached Eggs, Parmesan	
<b>Brioche French Toast</b>	8
Fresh Berries, Banana, Creme Fraiche, Maple Syrup	
<b>Chorizo Folded Eggs</b>	9.5
Toasted Sourdough	
<b>Turkish Eggs</b>	9
Free Ranged Poached Eggs, Drained Yogurt, Sourdough Croutons, Chilli Butter	
<b>Benedict</b>	9
Hand Carved Ham, Free Range Poached Eggs, Hollandaise, Toasted Sourdough	
<b>Florentine</b>	8.5
Spinach, Kale, Free Range Poached Eggs, Chilli Hollandaise, Toasted Sourdough	
<b>Royale</b>	9.5
Smoked Salmon, Free Range Poached Eggs, Hollandaise, Toasted Sourdough	
<b>Eggvocado</b>	8.5
Free Range Poached Eggs, Avocado, Sun Dried Tomato, Toasted Sourdough Add Bacon 1.75	
<b>Feta &amp; Avocado</b>	8.5
Avocado, Marinated Feta Cheese, Sun Dried Tomato, Toasted Sourdough	

<b>Bacon Brioche</b>	5.5
Cured Back Bacon in Brioche Bun Add Fried Egg 1.75	
<b>Shakshuka</b>	8.5
Peppers, Tomatoes, Onions, Mediterranean Spices, Free Range Poached Egg, Toasted Sourdough	
<b>Avocado Sourdough Sandwich</b>	6
Cheddar Cheese, Lettuce, Tomato, Avocado, Sourdough	

<b>Eggs Any Style on Sourdough</b>	5.5
Free Range Poached, Scrambled or Fried Eggs	

<b>Preserve and Sourdough</b>	3
Apricot Jam, Strawberry Jam, Orange Marmalade or Marmite	

<b>Traditional English</b>	9.5
Cured Back Bacon, Free Range Fried Egg, Sausage, Grilled Tomato, Mushrooms, Baked Beans, Potato Cubes, Sourdough	

<b>Vegetarian Break</b>	9.5
Grilled Halloumi, Free Range Fried Egg, Grilled Tomato, Mushrooms, Potato Cubes, Baked Beans, Toasted Sourdough Add Avocado 3 Add Spinach 2	

<b>Make your own Breakfast with minimum 4 items</b>
Grilled Tomato / Baked Beans / Preserve 1
Bacon / Sausage / Fried Egg / Poached Egg 1.75
Potato Cubes / Mushrooms 1.75
Scrambled Eggs 4
Avocado 3 / Spinach 2 / Smoked Salmon 3.5 / Ham 2.5
Chorizo 2.5 / Halloumi 3
Sourdough 1.5
House Marinated Olives 2

Gluten-Free Bread supplement 75p

## Sizzles 12:00-19:00

**Homemade Angus Beef Burger**, Baby Gem, Pickled Gherkin, Sun Blush Tomato Mayo, Brioche Bun 8  
 Add Cheese 1                      Add Bacon 1.5  
 Add Chips 3

**Chicken Thigh Burger**, Baby Gem, Cheese, Lemon Herb Mayo, Brioche Bun 8  
 Add Bacon 1.5                      Add Chips 3

**Sea Bass Fillet**, Aubergine, Homemade Tomato Sauce, Yoghurt Dressing 9.5

**Roasted Sweet Potato**, Chickpeas, Halloumi, Spinach Pomegranate, Maple Syrup, Pecan 8.5

**Veggie Burger**, Crushed Avocado, Lettuce, Roasted Aubergine, Roasted Tomato, Halloumi, Green sauce 8  
 Add Chips 3

## Salads

**Roasted and Fresh Beetroot**, Quinoa, Carrot, Spinach, House Vinaigrette 3.95

**Roasted Butternut Squash**, Jerusalem Cous Cous, Sautéed Fennel and Onion, Raisins, Cripsy Kale, Pumpkin Seeds, Coriander 3.95

**Roasted Aubergine**, Pepper, Courgette, Tomato, Spinach, Yoghurt Dressing 3.95

**Broccoli**, Fresh Chili, Raisins, Dates, Hazelnuts, Red Cabbage, Hazelnut Dressing 3.95

**Courgette**, Moroccan Cous Cous, Cauliflower, Red Pesto, Petit Peas, Pomegranate, Pine Nuts, House Vinaigrette 3.95

**Salad of Farmer's Surprise** 3.95

### Sides

Chunky Chips 3  
 House Marinated Olives 2  
 Sourdough 2

Add Sourdough 2  
 Selection of 2 salads 7  
 Selection of 3 salads 8.50

**Soup of the Day** 5.5

## Flat Bread

Flat Bread, **Sausage**, Cheddar, Caramelised Red Onion 4.90  
 Flat Bread, **Prosciutto**, Basil, Mozzarella 4.90  
 Flat Bread, **Smoked Peppers**, Red Pesto, Goat Cheese 4.90

Please see the counter for other variety of freshly prepared sandwiches



please  
 order  
 at the counter